

What's New.

This is the HP of Dr. Kazumoto Iguchi and his Family.
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Recent Chronofile of the Family:



December, 2025

- (12/31/Wed) cold day. Kako, holiday. Kako&KM, at noon visited by the 1st son's family. have lunch of bentos. have dinner of nabe. take care of grandchildren.
- (12/30/Tue) Kako, holiday. Kako&KM, buy chuuka mannyu at the Ikkannro. walk to the park with the 2nd son's family. take care of their twin.
- (12/29/Mon) Kako, holiday. Kako&KM, go to Kobe by the Kaifu Kankko. buy a set of shoes at the NewBalance in the Daimaru. eat Akashiyaki. meet Mr. Bardie. present him Yuzu and Wakame. stay at the 2nd son's home. wake care of their twin.
- (12/28/Sun) Kako, holiday. buy foods with mother. visit the family grave. KM, read a Yasue's book. watch the Lost King. Kako&KM, gray hair dye.
- (12/27/Sat) Kako, holiday. Kako&KM, have lunch at the Sushi Ikkon. husband and wife's year-end party. go to the FujiGrAn. go to the Apics for doing Year-end greetings for friends.
- (12/26/Fri) Kako, holiday. Kako&KM, go back to Anan by the Kauifukanko. very successful the Santa mission.
- (12/25/Thu) Christmas Kako, work. KM, study chap.6 of a Fujisaka's book. Kako&KM, go to Kobe by the Kaifu Kankko. have a Christmas party at the 2nd son's house. perform a Santa mission. meet the 1st son's Santa. meet two grand sons and a grand daughter. a nice Christmas.
- (12/24/Wed) Christmas eve. Kako, work. KM, study chap.6 of a Fujisaka's book.
- (12/23/Tue) Kako, work. KM, study chap.6 of a Fujisaka's book. go to barber. all crowded.
- (12/22/Mon) Kako, work. KM, study chap.6 of a Fujisaka's book. go to the Apica. go to the post office.
- (12/21/Sun) KM, holiday. buy foods with mother. receive three big prize of lottery of a super. Kako&KM, buy foods with the Washo hiroba. buy the year-end lotteries.
- (12/20/Sat) KM, holiday. KM, study chap.6 of a Fujisaka's book. Kako&KM, go to the Aeon mall. watch the Avatar. have dinner at the Ohsho.
- (12/19/Fri) KM, holiday. attend the year-end party of the work place. KM, study chap.6 of a Fujisaka's book. read the Asakawa-Oka's book.
- (12/18/Thu) Kako, work. KM, study chap.6 of a Fujisaka's book. jog over mt. at 4PM. 52 min. read the Sato-Yasue's book.
- (12/17/Thu) Kako, work. KM, study chap.6 of a Fujisaka's book. go to the Apica. no insecticide for toilet. have a cup of tea at the Pakupaku. go to the Cosmos. buy a insecticide and socks. jog over mt. at 4PM. 54 min.
- (12/16/Tue) Kako, work. KM, study chap.6 of a Fujisaka's book. go to the Apica. buy books at the Tsukiyama. jog over mt. at 4PM. 57 min.
- (12/15/Mon) Kako, work. KM, study chap.6 of a Fujisaka's book. go to Nakabayashi. take movies. jog over mt. at 4PM. 57 min.
- (12/14/Sun) Kako, holiday. buy foods with mother. KM, stay at home. not so good a bit.
- (12/13/Sat) Kako, holiday. Kako&KM, go to the Machikomi library. hear talks of Mr. Befu and UFO-san. have dinner at the Fujiya Sohonten. receive a package from the Amazon.
- (12/12/Fri) strong wind. a cold day. Kako, holiday. KM, study the Fujisaka's book. get forward a bit. stay at home with relaxing. buy a fixed stand through the Amazon.
- (12/11/Thu) Kako, work. KM, study the Fujisaka's book. read a Mori's paper. at 15:30, jog over mt for 54 min. kako's mother, break a electric stand. exchange it by a kitchen's one.
- (12/10/Wed) Kako, work. KM, study the Fujisaka's book. a bit get forward. read a Mori's paper. at 15:00, jog over mt for 54 min.
- (12/09/Tue) Kako, work. KM, go to Nakabayashi from the mount. take a movie. read a Mori's paper.
- (12/08/Mon) Kako, work. KM, go to Nakabayashi from the flat course. take a movie. read a Mori's paper. jog over mount for 1 h.

- (12/07/Sun) Kako, holiday. Kako&KM, attend the **Chirstmas party** of the Taiyo no kai become a **Santa Claus**.
- (12/06/Sat) Kako, holiday. Kako&KM, clean up fallen leaves. culminate our family farm. cut the garden trees. mrntal derangement and violence from the neighbor man. call for police by 110. questioned by them for what happened. go to buy foods with mother.
- (12/05/Fri) Kako, holiday. Kako&KM, go to the Mazda. exchange oil. go to the JA stand. put gasolin and buy kerosene. go to the Birthday. go to the AEON Mall. eat ramen. watch the Kokuhō. go to the Nishimatsuya. go to the Apica. buy things at the Daiso.
- (12/04/Thu) Kako, work. KM, read the Mori's theory, being difficult to follow. jog over mt fot 1 h at 11. talk with a young master of the Go-Sap-cafe.
- (12/03/Wed) **strong wind**. Kako, work. KM, read Chapt.6 of the Fujisaka's book. The Mori's theory is difficult to follow. jog over mt fot 1 h at 11. collect Nambu's reviews. clean up fallen leaves in the garden.
- (12/02/Tue) Kako, work. KM, read Chapt.6 of the Fujisaka's book. go to the Megane honpo. no good of glasses of this company. go to the Apica. buy two books at the Tsukiya. have a cup of tea. go to the Seven Eleven. go to the post office.
- (12/01/Mon) Kako, work. KM, read Chapt.6 of the Fujisaka's book. jog around the circular course for 1 hour. collect papers of the fluctuation-dissipation theorem.

November, 2025

- (11/30/Sun) Kako, holiday. Kako&KM, welcom Iwata-san. have lunch and dinner together with him.
- (11/29/Sat) Kako, holiday. buy foods with mother. Kako&KM, go to the Kaifu kanko. do to the Mazda. go to the go-sap cafe.
- (11/28/Fri) **yellow sands from China**. Kako, work. KM, read Chap.6 a Fujisaka's book. read a Nambu's book. Kako&KM, go to the post office. send packages to our sons. go to the aratae onsen. have lunch. clean up the garden.
- (11/27/Thu) **yellow sands from China**. Kako, work. KM, read Chap.6 a Fujisaka's book. read a Yasue--Sato's book. read Nambu's book.
- (11/26/Wed) **yellow sands from China**. Kako, work. KM, read Chap.5 a Fujisaka's book. read a Yasue--Sato's book.
- (11/25/Tue) Kako, work. buy foods in Tokushima. KM, read Chap.5 a Fujisaka's book. read a Yasue--Sato's book.
- (11/24/Mon) **substitutional holiday**. Kako, holiday. Kako&KM, buy 551 and gozasourou. return to Anan by th Kaifu Kanko bus.
- (11/23/Sun) **Labor thanksgiving day**. Kako, holiday. Kako&KM, stay at the 2n'd son's house. the 1st son's family. come. have lunch, go to the park and have dinner with them. take care of a twin.
- (11/22/Sat) Kako, holiday. Kako&KM, go to Kobe by the Kaifu kanko bus. stay at the 2n'd son's house. take care of a twin.
- (11/21/Fri) Kako, holiday. KM, study Chap 5 of the Fujisaka's book. rather difficult to understand the Kubo-theory. read a Yasue-Sato's book vol.2. Kako&KM, dry futons. harvest all dried persimmons. secondly dry persimmons at the balcony. put gasoline into the car. buy foods with mother at the Apica.
- (11/20/Thu) Kako, work. KM, study Chap 5 of the Fujisaka's book. jog around the Nakabayashi loop course over a hill for 54 min. read a Yasue-Sato's book vol.2.
- (11/19/Wed) Kako, work. KM, study Chap 5 of the Fujisaka's book. jog around the Nakabayashi loop course over a hill for 54 min. finish reading a Yasue-Sato's book vol.1.
- (11/18/Tue) Kako, work. buy foods. KM, study Chap 5 of the Fujisaka's book. read a Yasue-Sato's book. jog around the Nakabayashi loop course over a hill for 54 min.
- (11/17/Mon) Kako, work. KM, study Chap 5 of the Fujisaka's book. read a Yasue-Sato's book. jog around the Nakabayashi loop course for 55min.
- (11/16/Sun) Kako, holiday.Kako&KM, go to vote for the Anan congress. buy foods at the FujiGran. KM, read a Yasue-Sato's book.
- (11/15/Sat) Kako, holiday. return home safely. KM, read Chap 5 of the Fujisaka's book. watch the final of the high school soccer in Shizuoka prefecture. tale Kako home.
- (11/14/Fri) Kako, holiday. stay with sister at a hotel in Osaka. KM, go to the Apica. after lunch go to the apica again. buy two books at the Tsukiya. jog around the Nakabayashi loop course for 1h 6 min. watch japan vs Ghana.
- **Krin challenge cup: Japan** 2(2-0, 0-0)0 Ghana. Minamino, Doan, gools.
- (11/13/Thu) Kako, holiday. stay with sister a hotel in Osaka. KM, read Chap 5 of the Fujisaka's book. at 10, jog for 50 min arond the circling course alonh Nakabayashi. how many years has it been? receive an expensive book from Yokoyama-san.
- (11/12/Wed) Kako, holiday. stay with sister at a hotel in Naruto. Kako&KM, walk around Awashima and Nakabayashi with Kimi. have lunch at the Sushi Ikkann. send them to Anan station.
- (11/11/Tue) Kako, holiday. go to pick up a sister at the airport with mother. visit family grame. KM, jog to Kita no waki coast for 51 min at 10. watch the soccer festa of the prefetctural level. Kako&KM, returning home of Kimi.
- (11/10/Mon) Kako, work. buy foods KM, finish reading Chap.4 of the Fujisaka's book. jog to Kita no waki coast for 51 min at 11. meet a friend of my sons with her baby. receive satsumaimo from Mr. her uncle Takayuki. thank you very much.
- (11/09/Sun) Kako, holiday. buy foods with mother. KM, read Chap.4 of the Fujisaka's book.
- (11/08/Sat) Kako, holiday. KM, read Chap.4 of the Fujisaka's book. Kako&KM, have lunch at the Sushi Ikkann. go to the Go-Sap cafe. have cups of coffee and karinto manju. attend the mochi throwing festa. Kako, 10 gets. KM, only 3. do farm work in the home garden.
- (11/07/Fri) Kako, holiday. KM, read Chap.4 of the Fujisaka's book. jog to Kita no waki coast for 51 min. Kako&KM, go to the Aratae Onsen. buy foods at the Aisai Hiroba. buy foods at the Seven.
- (11/06/Thu) Kako, work. KM, read Chap.4 of the Fujisaka's book. jog to Kita no waki coast for 52 min.

- (11/05/Wed) Kako, work. put fuel for the car at the JA stand. KM, read Chap.4 of the Fujisaka's book.
- (11/04/Tue) Kako, work. KM, go to the Harada clinic. go to the Daiso in FujiGran. have a cup of tea at the Pakupaku. order two books at the Tsukiya.
- (11/03/Mon) **Day of culture** Kako, holiday. buy foods with mother. Kako&KM, the 2nd son's family, go back to home with a twin. thank you very much for coming.
- (11/02/Sun) Kako, holiday. KM, have lunch of curry rice at the country Road. Kako&KM, have sukiyaki with te 2nd'son's wife. the 2nd son, have lunch with friends.
- (11/01/Sat) Kako, holiday. KM, have lunch at the Sushi Ikkann. Kako&KM, go to Awashima beech with the 2nd son's family.

October, 2025

- (10/31/Fri) Kako, holiday. KN, read Chap.3 of a Fujisaka's book. Kako&KM, the 2nd son's family come home for the 1st time.
- (10/30/Thu) Kako, work. buy foods in Tokushima's Kyoei. KM, read Chap.3 of a Fujisaka's book. jog to Kitanowaki for 50 min.
- (10/29/Wed) Kako, work. buy foods in Tokushima's Kyoei. KM, read Chap.3 of a Fujisaka's book. go to buy something at 10. exchange a front-break wire at Bridgestone store. buy A4 report papers and files. rest at the pakupaku in Apica.
- (10/28/Tue) Kako, work. buy foods in Tokushima's Kyoei. KM, read Chap.3 of a Fujisaka's book. jog to Kitanowaki for 50 min on 10.
- **world series:** Dodgers 6x-5 Bluejays. extension 18th, Freeman's good bye winning. Ohtani, 2HRs.
- (10/27/Mon) Kako, work. KM, read Chap.3 of a Fujisaka's book. jog to Kitanowaki for 50 min on 10.
- (10/26/Sun) Kako, holiday buy foods with mother. KM, watch **the Dodgers** 5-1 the Bluejays. Yamamoto, complete game victory. watch **Vortis** 0-1 Iwaki. Vortis' Brazilian FW, too bad. Vortis, an immigrant support group for Brazilians?
- **world series:** Dodgers 5-1 Bluejays.
- (10/25/Sat) Kako, holiday. exchange summer futons and winter futons. KM, read Chap.3 of a Fujisaka's book. little progress. Kako&KM, watch the Dodgers vs the Bluejays. Ohtani, 6th HR but lost the game by many runs. go to the Sushi Ikkann for lunch. go to the JA gasoline for pulling fuel. go to the Apica. buy foods at the Oono and the Kyoei. buy branckets at the clothes shop.go to the Anan Shinyo kinko. go the post office.
- (10/24/Fri) Kako, holiday. exchange summer futons and winter futons. KM, read Chap.3 of a Fujisaka's book. little progress. Kako&KM, dry futons. go to the Aratae onsen. have lunch.
- (10/23/Thu) Kako, work. KM, read Chap.3 of a Fujisaka's book. jog for 40 min at 11. temporally our TV recovered.
- (10/22/Wed) Kako, work. KM, read Chap.3 of a Fujisaka's book.
- (10/21/Tue) Kako, work. buy foods in Tokushima. KM, read Chap.2 of a Fujisaka's book. jog for 41 min at 10. our Aquos, dead.
- (10/20/Mon) Kako, work. KM, read a Fujisaka's book. jog for 39 min at 10. watch a SF movie, Islamd.
- (10/19/Sun) Kako, holiday. buy foods with mother. KM, read a Yoshinari Ichimura's book. cut garden trees. Kako&KM, harvesting edamame beans.
- (10/18/Sat) Kako, holiday. KM, read a Yzasue-Aeba's book. Kako&KM, watch the Dodgers 4—1 the Brewers. Shohei Ootani, winning pitcher and 3 HRs. receiving MVP. go to the World Series. harvesting a bunch of peanuts. eat peanuts.
- (10/17/Fri) Kako, holiday. KM, read a Yzasue's book. Kako&KM, watch the Dodgers 5—1 the Brewers. have lunch at the osho. go to the Birthday. go to the Apica. buy foods at the Oono and the Kyoei. go to the Nishimatsuya.
- (10/16/Thu) Kako, work. KM, study a jr high national language and a high school English. read a Yasue's book. jog for 36 min at 5.
- (10/15/Wed) Kako, work. KM, go to the K's Denki. buy an ink. go to the Shikoku bank. cancellation. go to the Daiki. go to the Apica. buy 3 books at the Tsukiya. go to the post office.
- (10/14/Tue) Kako&KM, take care of the twin. have breakfast. go to picnic to the park for having lunch. return to Anan by the Kaifu Kanko bus. watch the Japan vs Brazil.
- **The International match:** Japan 3 (0-2, 3-0) 2 Brazil. a historical victory for the 1st time.
- (10/13/Mon) **KM's 68-year-old birthday. Day of sports** Kako&KM, take care of the twin. have breakfast. have lunch. the 1st son's family, come. have dinner. perform the KM's birthday party.
- (10/12/Sun) Kako&KM, take care of the twin. perform the 1st eating for the twin. have lunch. go to the park. have dinner of Sushiro. stay there.
- (10/11/Sat) Kako&KM, in the early moning, go to Kobe by the Kaifu Kanko bus. have lunch at the 2nd son's home. have dinner there. stay there.
- (10/10/Fri) Kako, holiday. buy foods with mother. Kako&KM, watch the Dodgers vs Phillies. The Dodgers, winner to the final. KM, study the high school English and the Jr high school national language.
- (10/09/Thu) Kako, work. KM, mow the lown. jog for 40min at 9. hair cut at the Summit. go to the Apica. have a cup of tea. order books at the Tsukiya.
- (10/08/Wed) Kako, official holiday. Kako&KM, go to the RedCross hospital for one year investigation. done 4 inspections. buy medicines at the Bisan farmacy. Lixiana, wakened to 30mg. have lunch of bento at the Aeon. watch the Silent Battleship. KM, go to the FujiGran. buy bookends at the Daiso.
- **Nobel Prize in Chemistry:** S. Kitagawa, R. Robson, and O. M. Yaghi, for the development of metal-organic frameworks.
- (10/07/Tue) Kako, work. KM, study National language of jr high and English of high school. read a Husimi's book. jog for 42 min at 11:30.
- **Nobel Prize in Physics:** J. Clarke, M. H. Devoret and J. M. Martinis for the discovery of macroscopic quantum tunneling.
- (10/06/Mon) Kako, work. KM, study National language of jr high and English of high school. read a Husimi's book. jog for 40 min at 11:30. exchange the places of books.

- **Nobel Prize in Physiology or Medicine :** M. E. Brunkow, F. Ramsdell, and S. Sakaguchi for the discovery of Peripheral immune tolerance.
- (10/05/Sun) Kako, holiday. put our car gasoline. buy foods wth mother at the FujiGran. Kako&KM, go to the FujiGran. watch Vortice 1-0 Imabari. KM, remake discussions. finished at 20:00 ~ 21:30.
- (10/04/Sati) Kako, holiday. no good health by cooling whwether. KM, join a zoom meeting. present a 1hour talk. done at 4:30. all, finished,
- (10/03/Fri) Kako, holiday. Kako&KM, watch the Reds and the Padres. both lost the wild cards. go to the awa Bank. have lunch at the Sukiyaki. meeting for the Zoom-seminar. can't share the files.
- (10/02/Thu) Kako, work. KM, do jog for 40 min at 9. The Dodgers, victory by Yamamoto. go beyond the wild card. . make screens for a talk. almost finished.
- (10/01/Wed) Kako, work. KM, do jog for 40 min at 9. The Dodgers, victory. make screens for a talk

September, 2025

- (09/30/Tue) Kako, half day-work. KM, go to the post office. send books to Tamagawa-san. go to the Apica. have a cup of tea. go to the Cosmos. buy eye drops. go to the Direx. buy preservation solutions. Kako&KM, go to the post office. go to the apica. buy foods at the Oono and the Kyoei.
- (09/29/Mon) Kako, work. KM, write an article for a seminar. finished.
- (09/28/Sun) Kako, holiday. KM, write an article for a seminar. Kako&KM, attend the mowing of the 4th group. evenng, go to the FujiGran. buy foods. watch the sumo. Oonosato, championship.
- (09/27/Sat) Kako, holiday. go to relative's home with mother. buy a bunch of rise. KM, do jog for 37 min on 11:00. read quantum mechanics. write an article for a seminar. watch the Dodgers, winner. Kako&KM, watch Asa-dora. watch sumo.
- (09/26/Fri) Kako, holiday. wash carpets and brankets at a laundry shop. KM, read quantum mechanics. write an articlefor a seminar. watch the Dodgers win the local championship. Yamamoto, win. Kako&KM, go to the Aratae onsen. have dinner. buy foods at the Seven.
- (09/25/Thu) Kako, work. KM, read quantum mechanics. do jog for 36 min on 10:00. watch the Dodgers. Sasaki came back.
- (09/24/Wed) Kako, work. KM, read quantum mechanics. do jog for 33 min on 10:00. write a paper. watch the Dodgers. Otani, a nice pich but lost by Scott. Roberts, repeat the same thing
- (09/23/Tue) **equinox day**. Kako, holiday. Kako&KM, go to the Apica. buy foods at the oono and the Kyoei. buy Takoyaki and Oobannyaki.
- (09/22/Mon) Kako, holiday. Kako&KM, go to the anan station for picking up Dr. kurita. go to the Tairyuji. get on the ropeway. pray at the Hiruko shrine. have lunch at the Country Road. get back to home. discuss physics. have dinner. take Dr.Kurita the station.
- (09/21/Sun) Kako, holiday. Kako&KM, go to the Sunday marcket. have rest at the Yama. have lunch at the Hanamaru udon. buy foods at the Kyoei. watch Dodgers, sumo, and the world athletics chamiponships.
- (09/20/Sat) Kako, holiday. buy foods with mother. KM, read quantum mechanics. write a paper. Kako&KM, watch Dodgers, sumo, J league. the world athletics chamiponships.
- **J-league:** Kashma 1(1-0, 0-0)0 **Urawa**. lost by the GK Nishikawa's mistake.
- (09/19/Fri) **hot day**. Kako, holiday. KM, read quantum mechanics. write a paper. Kako&KM, watch sumo, the world athletics chamiponships.
- (09/18/Thu) **hot day**. Kako, work. KM, read quantum mechanics. do jog for 35 min. Otani. 51. Kako&KM, watch the world athletics chamiponships.
- (09/17/Wed) **hot day**. Kako, work. KM, read quantum mechanics. do jog for 33 min. Otani. 50. Roberts, misconduct again. Kako&KM, watch the world athletics chamiponships.
- (09/16/Tue) **hot day**. Kako, half work. KM, cleaning up the trip. have eaten the Hokkaido melons.
- (09/15/Mon) **Respect for the Aged Day**.**hot day**. Kako, holiday. take care of the twin. go to the 1st son's home. have lunch there. get back to the 2nd son's house. get on the Kaifu Kanko bus. return home safely. receive the agricultural products from Mr. Nishi.
- (09/14/Sun) **hot day**. Kako, holiday. Kako&KM, gp to the Nishinomiya Kitaguchi. celebrate "the 1st eating" with the family of the 1st son's wife. godd bye at Sannomiya. take care of the twin.
- (09/13/Sat) **hot day**. Kako, holiday. Kako&KM, take care of the twin. at night the 1st son's couple, visit us. take care of grand sons and daughter. the 1st son's couple, return home.
- (09/12/Fri) **hot day**. Kako, holiday. Kako&KM, go to kobe by the Kaifu Kanko bus. go to the 2nd son's home. take care of the twin.
- (09/11/Thu) Kako, work. KM, watch the Kirlig. watch the Dodgers. do jog for 33 min on 10:00. study quantum mechanics. prepare for a trip.
- (09/10/Wed) **Kako's birthday**. Kako, work. KM, watch Japan vs USA. go to the Summit for hair cut. buy something at the Cosmos. buy printer inks at the K's Denki. buy a bento and A4 papers.
- **Friendly match:** Japan 0 (0-1, 0-1) 2 USA. Moriyasu's bad game.
- (09/09/Tue) Kako, half-work. KM, do jog for 30 min on 9:15. read the Katayama's quantum mechanics book. receive 3 book from amazon. Kako&KM, go to the Apica. buy foods with the Oono and the Kyoei.
- (09/08/Mon) Kako, work. KM, do jog for 30 min on 9:00. read the Katayama's quantum mechanics book. receive a book from amazon. postage is expensive.
- (09/07/Sun) Kako, holiday. buy foods with mother. Kako&KM, watch Dodgers. a historical worst lost game. from Yamamoto's no-no game for one out to a good bye game. KM, watch Japan vs Mexico. almost Moriyasu conduct.
- **Friendly match:** Japan 0-0 Mexico. Kamata, Mitoma, Kubo, Minamino, too bad. look too tires before the game?
- (09/06/Sat) Kako, holiday. Kako&KM, watch Dodgers. Kako's early birthday celebration. have lunch at the Sudhi Ikkank. go to the Chteraise. buy a shinemuscat

cake. have it at home. go to the voge in the Apica. a surprise bithday present for Kako. go to the Kohikan. have dinner at the Sanpach rahmen. order books for Amazon.

- (09/05/Fri) typhoon passed away. Kako, holiday. take mother to the Tokushima University hospital for aperiodical check. take mother to the Bunka no mori clinic. KM, watch Dodgers vs Pirates. 3-5. Roberts, too bad. study quantum mechanics.
- (09/04/Thu) typhoon 15. Kako, work. KM, watch Dodgers vs Pirates. take care of MacBook 2008. cannot fix Kernel Panik.
- (09/03/Wed) **hot day.** Kako, work. KM, go to the city office. go to the Anan Denka. go to the FujiGran. go to the Apicxa. Kako&KM, watch the Birdmen festa.
- (09/02/Tue) **hot day** Kako, half-work. KM, prepare for a room meeting. read Quantum mechanics. Kako&KM, go to the Apica. buy foods at the Oono and the Kyoei. buy a book at the Tsukiya.
- (09/01/Mon) **hot day.** Kako, work. KM, study the Prigogine's book. jog for 30 min on 10 o'clock. go to the post office. go to the Apica. buy a planner, etc. at the Tsukiya. have a cup of ice tea at the Pakupkaku.

August, 2025

- (08/31/Sun) **hot day.** Kako, holiday. buy foods with mother. KM, study the Prigogine's book. Kako&KM, watch the Dodgers.
- (08/30/Sat) **hot day.** Kako, holiday. KM, go for jog for 30 min on 10:00. study the Prigogine's book. Kako&KM, stay at home.
- (08/29/Fri) **hot day.** Kako, holiday. Kako&KM, go to the Goto Tailor. receive a set of suit. prya at the Jourokuji. pay 600yen. buy foods at the Seven.
- (08/28/Thu) **hot day.** Kako, work. KM, do jog for 35 min on 9:30. watch Dodgers vs Reds. Ohtani, first win. read the Prigogine's book.
- (08/27/Wed) **hot day.** Kako, holiday. KM, mowing the lawn. Kako&KM, go to the Tokushima RedCross hospital. a periodical investigation for the circulatory system. no problem at all. so far so good. have dinner at the Ooshio. go to the FujiGran. buy foods.
- (08/26/Tue) **hot day.** Kako, holiday. buy foods with mother. Kako&KM, go to the Anan medical center. investigate eyes at the ophthalmology. no bad on my eyes. have lunch at the Sushi Ikkan.
- (08/25/Mon) **hot day.** Kako, work. KM, poor water for trees and farm. do jog for 25 min on 10:00.
- (08/24/Sun) **hot day.** Kako, holiday. Kako&KM, go to the Shin Chitose airport by JR. go to Haneda by JAL. have lunch at Sushi bar. flight to Tokushima by JAL. go back to our house by our car. thank you very much for everyone.
- (08/23/Sat) Kako, holiday. Kako&KM, check out the hotel. go to the place by the Adachi-san's car. poen the seminar from 14:00 to 20:00. frendly denner in Sapporo. chacke in the Apa Hotel. stay there.
- (08/22/Fri) **hot day.** Kako, holiday. Kako&KM, go to the Furano farm by Nishi-san's car. pray at the modern temple in Sapporo. have dinner in the temple. check in the Sanpraza Hotel and stay there.
- (08/21/Thu) **hot day.** Kako, holiday. Kako&KM, watch the highschool baseball. go to the Awaodori airport by our car. park it in the PA. go to the ShinChitose airport by the JAL. go to Sapporo by the JR. chek in the ANA Crown Praza Hotel. have dinner at the Izakaya near the hotel. Stay at the hotel.
- (08/20/Wed) **hot day.** Kako, work. KM, do jog for 30 min at 9:30. prepare for a trip.
- (08/19/Tue) **hot day.** Kako, half-work. KM, repaint by Amaterasu. Kako&KM, go to the Harada clinic. go to the post office. buy foods at the Oono and the Kyoei. buy gel pens at the Daiso. watch the high school baseball.
- (08/18/Mon) **hot day.** Kako, work. KM, go jog for 30 min. Kako&KM, watch the Family History of Shuzo Matsuoka.
- (08/17/Sun) **hot day.** Kako, holiday. return from Kobe. buy foods with mother. KM, watch the high school baseball. preopare for a talk. pick up Kako at the Smile Hotel. buy tickets at the Kaifu Kanko.
- (08/16/Fri) **hot day.** Kako, holiday. KM, watch the high school baseball. go to the 2nd Street. go to the FujiGran. preopare for a talk. jog for 30 min on 18:00.
- (08/15/Fri) **hot day.** Kako, holiday. go to Kobe by the KaifuKanko bus. KM, take Kako the bus stop at the Smile Hotel. do jog for 30 min on 8:00. watch the high school baseball. preopare for a talk.
- (08/14/Thu) **hot day.** Kako, work. KM, do jog on 9:00 for 30 min. watch the high school baseball. preopare for a talk.
- (08/13/Wed) **hot day.** Kako, work. KM, cut garden trees. watch the high school baseball. preopare for a talk.
- (08/12/Tue) Kako, half work. KM, go to the Daiki. buy swithes. repair the switches. Kako&KM, go to see Awadodori by train.
- (08/11/Mon) Kako, holiday. Kako&KM, the 1st son's family, return to thier home.
- (08/10/Sun) Kako, holiday. Kako&KM, welcome the 1st son's family. the 1st son's family, come safely. meet the baby.
- (08/09/Sat) Kako, holiday. visit the family grave. Kako&KM, watch the summer koshien. KM, talk with a craftsman of the Amaterasu. prepare for my talk.
- (08/08/Fri) **hot day.** Kako, holiday. KM, do jog for 20 min. prepare for my talk. Kako&KM, go to the Apica. buy foods at the Oono and the Kyoei. watch the summer Koshien. watch the Oyaji daiko.
- (08/07/Thu) **hot day.** Kako, work. KM, do jog for 20 min afternoon. prepare for my talk.
- (08/06/Wed) **memorial day of atomic bomb.** Kako, work. KM, in the eary morning do jog for 15 min. very hard. prepare for my talk.
- (08/05/Tue) **hot day.** Kako, work. KM, in the eary morning do jog for 15 min. translate the Nicolis-Prigogine's paper into Japanese. almost finished. Kako&KM, buy foods at the Oono and the Kyoei. receive a package fro Makurazaki.
- (08/04/Mon) **hot day.** Kako, holiday. Kako&KM, start the Kazuaki's house in the eary moerning. have breakfast of Sakuradon&soba at the Suwako PA. have lunch of Sutadon at the Taga PA. arrive at our house safely. buy foods at the Direx.
- (08/03/Sun) **hot day. the 34th wedding anniversary** Kako, holiday. Kako&KM, join the Kazuhiro's 49th day and the interment. have lunch of curry rice with Kazuaki&Yukiyo, Akiyama husband and wife and their dauter. meet aunt Chieko. have lunch unajyu at the Wakaarai.

- (08/02/Sat) **hot day**. Kako, holiday. Kako&KM, meet aunt Shizuka. have lunch unaju at the Wakaarai. join the meeting of the 11th alumini of the soccer club.
- (08/01/Fri) **hot day**. Kako, holiday. Kako&KM, go to Yamanashi. go to the TokunoKura in Kobuchizawa. meet mr. Yoshitomi asakawa. have dinner of unagi in the Izutuya. arrive at Kauaki's house

July, 2025

- (07/31/Thu) **hot day**. Kako, work. KM, go to the Apica. buy something at the Daiso and the Tsukiya. have a glass of ice tea.
- (07/30/Wed) **hot day**. Kako, work. KM, cut the fence trees. go to the post office. go to the city office. go to the hair cut.
- (07/29/Tue) **hot day**. Kako, holiday. Kako&KM, go to the Mazda. receive car inspection proof. go to the Kairaku so. have shave aice. go to the Anan Shinkin bank. go to the post office. pu gasoline at the JA stand. go to the Apica. buy foods at the Oono and the Kyoei.
- (07/28/Mon) **hot day**. Kako, work. KM, mowing the lawn. prepare for the talk. translate the Prigogine's paper.
- (07/27/Sun) **hot day**. Kako, holiday. buy foods with mother. Kako&KM, go to the summer fest of Anan. have tacos, takoyaki, and rahmen. see fireworks.
- (07/26/Sat) **hot day**. Kako, holiday. Kako&KM, watch "Majesty, it's tax!". go to the Mazda. return the substitutional car. receive our car. go to the summer festival of Anan. buy takoyaki, rahmen and karinnto mandhu.
- (07/25/Fri) **hot day**. Kako, holiday. KM, go to the Mazda for car investigation. borrow a substitutional car. go to Kitanowaki. have shaving ice and takoyaki. talk with the master and his wife. watch the Samurai Slipper.
- (07/24/Thu) **hot day**. Kako, work. KM, jog to awashima for 15m x2. read the Prigogine's paper. watch a YouTube for an AI documentary.
- (07/23/Wed) **hot day**. Kako, work. KM, jog to awashima for 15m x2. study shinto from the western Christian point of view.
- (07/22/Tue) **summer day**. Kako, holiday. buy foods with mother. Kako&KM, investigations of my eyes at the Anan medical center. have some problems.
- (07/21/Mon) **summer day**. Kako, holiday. Kako&KM, take care of the twin. go back to Anan by the Kaifu Kanko.
- (07/20/Sun) **summer day**. Kako, holiday. Kako&KM, shrine visit for the Minatogawa shrine. take care of the twin. stay there.
- (07/19/Sat) **summer day**. Kako, holiday. Kako&KM, take care of the twin. stay there.
- (07/18/Fri) **summer day**. Kako, holiday. Kako&KM, go to Kobe by the KaifuKanko. go to the 2nd son's house. take care of the twin. stay there.
- (07/17/Thu) **heavy storm**. Kako, work. KM, read the Kuramoto's "the sincronized world". Kako&KM, go to vote before the Election day. watch the oretachi no matsuri.
- (07/16/Wed) **summer day**. Kako, work. KM, go to the library counter in the City office for returning a book. go to the Apica. have a glass of ice uron tea. buy a insecticide.
- (07/15/Tue) **summer day**. Kako, holiday. buy foods with mother. Kako&KM, go to the Goto Tailor. basting. put Gasline at the JA stand. go to the Apica. buy foods at the Oono.
- (07/14/Mon) Kako, holiday. go back by the Kaifu Kanko bus. KM, read the Strogatz's book. prepare for the talk. watch the Oretachi no Matsuri. pick up Kako home.
- (07/13/Sun) **summer day**. Kako, holiday. ride on the Kaifu Kanko. go to the 2nd son's house. KM, watering the garden trees and a field. stay at home. watch the Sumo.
- (07/12/Sat) **summer day**. Kako, holiday. Kako&KM, go to the Machikomi library room. go to Samuhara shrine in Tsuyama, Okayama. meet at the AEON Tsuyama. go to the Oku no in of Samuhara Jinja. have dinner at the PA inHashimoto. dissoluion there. return home safely.
- (07/11/Fri) **summer day**. Kako, holiday. Kako&KM, leave from the 1st son's house, start from the PA of Don Quixote. arrive at Naturo in 2 hours. have lunch at the Hamazushi. go back home safely.
- (07/10/Thu) **summer day**. Kako, holiday. Kako&KM, wake up in the 2nd brother's house. have breakfast. start the funeral for the 1st brother from 11:25. burn his body under the ceremony. have lunch there. all done well. return to the 2nd brother's house. change clothes and go back to Tokushima. meet strong sorm in the area of Nagano, Gifu and Aichi. sunny in the area of Kansai. arrive at the 1st son's house in midtime and stay there.
- (07/09/Wed) **summer day**. Kako, holiday. Kako&KM, go to the 2nd son's house in Kobe. wait for the 1st son. go to Yamanashi with Kako and the 1st son. resting at PAs several times, go to Kanto. have lunch at the Suwako. arrive at the Kazuaki's house. meet my second brother. have dinner of hoto using refregiratoe. sleep in the neighbor of Kazuhiro's room.
- (07/08/Tue) **summer day**. Kako, holiday. buy foods with mother. Kako&KM, go to the Mazda. go to the Red Cros hospital. change the schedule. receive transcription. buy medicines at the farmacy. buy something at the Direx.
- (07/07/Mon) **summer day**. Kako, work. KM, stay at home. receive information that my2nd brother's death from the 3rd brother.
- (07/06/Sun) **summer day**. Kako, holiday. Kako&KM, go to the Fujiya in front of the Anan station. go to the post office. go to the Taylor in Tokushima. oreder summer suits. go to the Sunday market. buy wakame. go to the Cafe in Naruto. have lunch of mango jullet and sandich. in the evening, go for a walk to Awashima. watch the festival of Fukumura. have strawberry shake at the Go-Sap-cafe. meet a Manga creater from Tokyo.
- (07/05/Sat) **summer day**. Kako, holiday. Kako&KM, go to Kenzan from the La Foret Tsurugisan. climb up Tsurugisan to the top. meet people for the Kochusai. wach the Kochusai. meet many people there. have bath of the La Fortet. Otuskaresama. thanks alot. take mother at the parents' house. buy foods at the YuYukan. go to Sonogi. put gas for our car at JA gas station. rerurn home safely.
- (07/04/fri) **summer day**. Kako, holiday. Kako&KM, take mother her parents' home. go to the La Foret Tsurugisan. climb up a mountain near it. stay at the LaForet.
- (07/03/Thu) **summer day**. Kako, work. KM, remove grass along the road. read the Mori-Kuramoto's book. go to the City office. borrow a Mori-Kuramoto's

book. go to the Apica. have a glass of icetea at the Pakupaku. order a book for the Tukiya. Kako&KM, watch the Oretachi no Matsuri.

- (07/02/Wed) **summer day**. Kako, work. KM, go for a walk for 30 min. read the Mori-Kuramoto's book. Kako&KM, watch the Oretachi no Matsuri.
- (07/01/Tue) **summer day** Kako, holiday. Kako&KM, go to the Matsumoto dental clinic. go to the Apica. buy foods at the oono and the Kyoei. go to the Saimori post office. watch the Oretachi no Matsuri.

June, 2025

- (06/30/Mon) **summer day**. Kako, holiday. KM, read the Strogatz's book. go to the Apica. buy bonds at the Daiso. have a glass of ice tea at the Pakupaku. Kako&KM, watch the Oretachi no Matsuri.
- (06/29/Sun) **summer day**. Kako, holiday. buy foods with mother. apply for a ETC card. KM, power water on flowers. Kako&KM, watch Yarisugi Toshidensetu.
- (06/28/Sat) **summer day**. Kako, holiday. Kako&KM, go to the Machikane library in Kokufu-cho. meet Bepu and Mr.UFO.
- (06/27/Fri) **end of rainy season summer day** Kako, holiday. remove grass. wash bramkets. KM, wash our car. tidy up papers. Kako&KM, dry futons. change spring futons to summer ones. watch the Oretachi no Matsuri.
- (06/26/Thu) Kako, holiday. Kako&KM, go to the 2nd son's house. take care of the twin. return from Kobe to Anan by the Kaifu Kanko.
- (06/25/Wed) Kako, holiday. Kako&KM, stay in Kobe. go to the 2nd son's house. take care of the twin..
- (06/24/Tue) **梅雨**. Kako, holiday. Kako&KM, stay in Kobe. go to the 2nd son's house. take care of the twin.
- (06/23/Mon) **rain**. Kako, holiday. Kako&KM, go to Kobe by the Kaifu Kanko. go to the 2nd son's house and the 1st son's house ,respectively. meet a twin and grand daughter.
- (06/22/Sun) **summer day** Kako, holiday. buy foods with mother. KM, repair the Hideshima's book. Kako&KM, prepare for a trip.
- (06/21/Sat) **summer solstice summer day** Kako, holiday. KM, scan the A. J. Lotka's book. Kako&KM, mowing the lawn. go for a walk to Awashima for 1 hour.
- (06/20/Fri) **summer day** Kako, holiday. go to the bank with mother. KM, read the Mori-kuramoto's book. Kako&KM, go to the Okamoto Ophthalmology clinic. go to the Direx. watch the Sengoku Jieitai. watch the Oretachi no Matsuri, the 1st episode.
- (06/19/Thu) **summer day** Kako, work. KM, go to the barbar. go to the city office, order a book. Kako&KM, watch the Oretachi no Asa.
- (06/18/Wed) **summer day** Kako, work. KM, go to the Apica. buy batteires at the Daiso. have ice tea at the pakupaku. do jog for 25 min. Kako&KM, watch the Oretachi no Asa.
- (06/17/Tue) **summer day** Kako, holiday. Kako&KM, go to the Matsumoto dental clinic. go to the Okamoto Ophthalmology. go to the Apica. buy foods at the Kypei. watch the Oretachi no Asa.
- (06/16/Mon) **summer day** Kako, work. KM, go for a walk for picking up trash to the Seven-Eleven and the Tomisho for 3 hours. Kako&KM, watch the Oretachi no Asa.
- (06/15/Sun) **father's day summer day** Kako, holiday. buy foods with mother. KM, tidy up papers. Kako&KM, go for a walk. have rest at the Go-Sap-Cafe. meet a new family.
- (06/14/Sat) **rainy season heavy storm**. Kako, holiday. KM, tidy up the Mori's papers. Kako&KM, go to the Apica. go to the Tsukiya. buy a Mu. buy foods at the Oono and the Kyoei. have lunch at the Sushikan.
- (06/13/Fri) **rainy season**. Kako, work. KM, read the mori-Kuramoto's book. do jog for 25 min. Kako&KM, watch the Oretachi no Asa. pick up shiso. go for a walk.
- (06/12/Thu) **rainy season**. Kako, work. buy foods. KM, read the cybernetics. do jog for 20 min. Kako&KM, watch the Oretachi no Asa.
- (06/11/Wed) **rainy season**. Kako, work. KM, read the Strogatz's book and the Kubota's book. read the Winfree1968paper. Kako&KM, watch the Oretachi no Asa.
- (06/10/Tue) **rainy season**. Kako, holiday. take mother the densitst. buy foods with mother. KM, read the Winfree1968paper. read the Mori-kuramoto's book. Kako&KM, watch the Oretachi no Asa. to Makurazaki.
- (06/09/Mon) **rainy season**. Kako, work. KM, read the Winfree1968paper. Kako&KM, watch the Oretachi no Asa.
- (06/08/Sun) Kako, holiday. Kako&KM, go to Kobe Sannomiya. meet grandodauter and sons. small lives. meet parents of 2nd son's wife. return to home safely.
- (06/07/Sat) Kako, holiday. finish translation of the Winfree1968paper. Kako&KM, buy tikects at the Kaifu Kanko. go to the Matsumoto demtist. go to the Smile Hotel. buy something. go to the K's Denki. buy a printer ink.
- (06/06/Fri) **The 2nd son's borthday**. Kako, holiday. go to the Anan city office and the Tokushima city office with mother. read the Winfree1968paper. Kako&KM, take plums from a plum tree. 2.5kg. the 2nd son, have a twin babies. have grandchildren. his wife and babies, fine. watch the Oretachi no Asa.
- (06/05/thu) Kako, work. put gasoline. KM, go for a walk for picking up trash to Nakabayashi for 2 h 30 min. read the Winfree1968paper. read the Mori&Kuramoto's book. Kako&KM, watch the Oretachi no Asa.
- (06/04/Wed) Kako, work. KM, read the winfree1968paper. read the Mori&Kuramoto's book. go for a walk to Nakabayashi for 1h 30 min. practice singing. Kako&KM, watch the Oretachi no Asa.
- (06/03/Tue) Kako, holiday. KM, read the winfree1968paper. Kako&KM, go to the post office. buy foods at the Seven. meet a dentist Matsumoto. watch the Oretachi no Asa.
- (06/02/Mon) Kako, holiday. KM, read the Strogatz's book. Kako&KM, go to the tokushima red cross hospital. in the morning, have a surgery for implanting the electrocardiogram in my body. transmission of the bluethooth. buy medicines at the farmacy. go to the Go-Sap-Cafe. have a cup of coffee. watch the Oretachi

no Asa.

- (06/01/Sun) Kako, holiday. buy foods with mother. KM, read the Strogatz's book. read the Kuramoto's last lecture. go for a walk and jog for 20 min. Kako&KM, go for a walk for 20 min.

May, 2025

- (05/31/Sat) Kako, holiday. read the Strogatz's book. read the Kuramoto's last lecture. translate the Winfree's paper. Kako&KM, have lunch at the Sushi ikkan. go to the Go-sap-cafe. go for a walk.
- (05/30/Fri) Kako, holiday. cut the garden tree. read the Kubota's book. read the Strogatz's book. Kako&KM, watch the Oretachi no Asa.
- (05/29/Thu) Kako, holiday. take mother the Tokudai hosp and the Bunka no Mori clinic. buy foods at the super. KM, go for a walk picking up trash to Awashima coast for 1h.30 min. read the Nakano's paper. tidy up the Nakano's papers. Kako&KM, watch the Oretachi no Asa.
- (05/28/Wed) Kako, work. KM, go for a walk to Awashima coast for 1h. read the Nakano's paper. Kako&KM, watch the Oretachi no Asa.
- (05/27/Tue) Kako, holiday. buy foods with mother. KM, study the Nakano's paper. Kako&KM, watch the Oretachi no Asa.
- (05/26/Mon) Kako, holiday. KM, go to the Tokushima st for picking up Kako. go to the Bunka noMori clinic. buy medicines. Kako&KM, watch the Oretachi no Asa.
- (05/25/Sun) Kako, holiday. KM, go to the JA station. put gasoline. go to the Apica. buy bentos. have a cup of tea.
- (05/24/Sat) heavy storm. Kako, holiday. go to Kobe. KM, take Kako the bus station. watch the J-league.
- **J-league: Nagoya** 2-1 Urawa. Nagai's superplays.
- (05/23/Fri) Kako, holiday. Kako&KM, go to the Red Cross Hospital. take MRI at the dept of neurosurgery. find a new cerebral infarction. meet a doc at the Cardiology. receive medicines. watch the Sumo. Oonosato, championship to become a Japanese Yokouna. watch the Oretachi no Asa.
- (05/22/Thu) Kako, work. KM, see doubly. go to the RedCross hospital. cannot meet a doctor. return to home by walking and a train. Kako&KM, go to the Taki clinic. receive a reference.
- (05/21/Wed) Kako, work. KM, go for a walk for picking up trash for 2h in the east natural park coarse. go to the Apica. have a cup of ic tea.
- (05/20/Tue) Kako, holiday. read the Strogatz's book. Kako&KM, go to the Apica. buy foods at the Oono and the Kyoei. have ice coffee and ice tea at the PakuPaku. go to the Birudo. buy foods and seedlings. watch the Oretachi no Asa.
- (05/19/Mon) Kako, work. KM, go for a walk for picking up trash for 2h 30 min in the Oji shrine coarse. read the Strogatz's book. take a movie for uploading to YouTube. Kako&KM, watch the Oretachi no Asa.
- (05/18/Sun) Kako, holiday. buy foods with mother. KM, read the Strogatz's book. Kako&KM, stay relaxingly at home. plant peas.
- (05/17/Sat) Kako, holiday. Kako&KM, stay relaxingly at home.
- (05/16/Fri) Kako, holiday. Kako&KM, go to Kobe by the Kaifu Kanko bus in the early morning and return to Anan by the Kaifu Kanko bus in mid night.
- (05/15/Thu) Kako, work. buy foods. buy tickets at the KaifuKanko. KM, go for a walk for picking up trash. Tomioka sho course for 3 h 30 min. go to hair cut. go to the Apica.
- (05/14/Wed) Kako, work. KM, read the Kubota's book. go to the post office. have a glass of icetea at the PakuPaku.
- (05/13/Tue) Kako, holiday. KM, read the Kubota's book. Kako&KM, go to the Michi no Eki. go to the Apica. buy foods at Oono and the Kyoei. go to the post office to send packages to sons. buy foods at the FujiGran. buy a goods at the Diso. watch the Bushi no Kakeibo.
- (05/12/Mon) Kako, work. KM, read the S. H. Strogatz's book. walking for 20 min. Kako&KM, the Oretachi no Asa.
- (05/11/Sun) Kako, holiday. buy foods with mother. KM, watch **Kashima** 2-1 **Kawasaki**.. weeding the lawn. Kako&KM, watch the Bushi no Kakeibo.
- (05/10/Sat) Kako, holiday. Kako&KM, watch the Dogers-Diamond backs. Sasaki, need to the farm. cultivating the fields and weeding the lawn. KM, invited by Mr. Nishi.
- (05/09/Fri) strong storm. Kako, holiday. Kako&KM, watch the Oretachi no Asa.
- (05/08/Thu) Kako, work. KM, finish reading the Hajime Mori's "Chaos the Nature in transition". Kako&KM, watch the Oretachi no Asa. the 1st son's daughter, born. at last have a grandchild.
- (05/07/Wed) Kako, work. KM, go to the Shinyo kinko. go to the post office. go to the Apica. have a glass of Karupisu.
- (05/06/Tue) **substitution day. the end of Golden Week**. Kako&KM, buy foods with mother. buy foods at the Oono and the Kyoei.
- (05/05/Mon) **Children's day**. Kako, holiday. Kako&KM, Back to Anan.
- (05/04/Sun) Kako, holiday. Kako&KM, stay in Kobe.
- (05/03/Sat) **Day of Green**. Kako, holiday. Kako&KM, stay in Kobe.
- (05/02/Fri) **Constitution day**. Kako, holiday. Kako&KM, stay in Kobe.
- (05/01/Thu) **May day**. Kako, holiday. Kako&KM, stay in Kobe.

April, 2025

- (04/30/Wed) Kako, holiday. Kako&KM, stay in Kobe.
- (04/29/Tue) Kako, **the day of Showa**. Kako&KM, stay in Kobe.

- (04/28/Mon) Kako, holiday. Kako&KM, stay in Kobe.
- (04/27/Sun) Kako, holiday. **Enter the Golden week.** Kako&KM, go to Kobe.
- (04/26/Sat) Kako, holiday. buy foods with mother. KM, mowing the lawn. Kako&KM, go to the Kaifu Kanko. buy a ticket. go to the Cosmos. buy eye drops. go to the Osho. have lunch. getting rid of lawn weeds.
- (04/25/Fri) Kako, holiday. KM, finish reading the Kuramoto's book. Kako&KM, go to the Aratae Onsen. have lunch. go to the Apica. go to the JA gas. put gasoline. watch the Oretachi no Asa.
- (04/24/Thu) Kako, work. KM, take Kako the station. go to the Kaifu Kanko. buy a ticket. go to the Library counter. return books. buy something at the Daiso. have a cup of tea. take Kako home.
- (04/23/Wed) Kako, work. KM, read the Kuramoto's book. go to the Library counter. borrow the Prigogine's Chemical Thermodynamics. scan it. Kako&KM, watch the Oretachi no Asa.
- (04/22/Tue) Kako, holiday. KM, read the Kubota's book. Kako&KM, go to the Apica. buy foods at the Oono and the Kyoei. go to the post office. send packages to our our sons. watch the Oretachi no Asa. find the a girl of Atsuko Asano.
- (04/21/Mon) Kako, work. stop by the Osho. KM, go for a walk to the East nature park for 3 h 20 min. Kako&KM, watch the Oretachi no Asa.
- (04/20/Sun) Kako, holiday. KM, go for a walk and jog for 18 min. scan 2 books of the Quantum Mechanics. Kako&KM, plant seri. cut the garden trees. watch the Oretachi no Asa.
- (04/19/Sat) Kako, holiday. buy foods with mother. Kako&KM, watch the Dogers 3-0 the Rangers. have lunch at the Sushi Ikkon. go to the Ikeda Clock Shop.
- (04/18/Fri) Kako, holiday. Kako&KM, have lunch at the Osho. go to the Aratae Onsen. watch the Oretachi no Asa.
- (04/17/Thu) Kako, work. KM, go for a walk to the Tomioka school for 4 h 10 min. watch Dogers 8x-7 Rockies. read the Kubota's book. Kako&KM, watch the Oretachi no Asa.
- (04/16/Wed) Kako, work. KM, read the Kubota's book. KM, watch Dogers 4-1 Rockies. go to the library counter in the city office. go to the Apica. Kako&KM, watch the Oretachi no Asa.
- (04/15/Tue) Kako, holiday. KM, read the Kubota's book. Kako&KM, watch Dogers 5-3 Rockies. go to the Apica and the kroei. watch the Oretachi no Asa.
- (04/14/Mon) Kako, work. KM, go for a walk to Awashima for 1h. meet Iwata. pick up wakame. Kako&KM, watch the Oretachi no Asa.
- (04/13/Sun) Kako, holiday. buy foods with mother. KM, study the Nakano's paper. Kako&KM, watch the Dogers 0-18 the Padres.
- (04/12/Sat) Kako, holiday. KM, read he Kuramoto's book and study the Nakano's paper. Kako&KM, watch the Dogers 3x-0 the Padres. cut the garden pine trees. watch the Otoko ha turaiyo.
- (04/11/Fri) Kako, holiday. KM, read the Kuramoto's book and the Kubota's book. study the Nakano's paper. Kako&KM, go to the Aratae Onsen. have lunch. go to the Ikeda watch shop. watch the Oretachi no Tabi, the final.
- (04/10/Thu) Kako, work. KM, go for a walk for picking up trash to the Seven-Eleven for 3 h 30 min. Kako&KM, watch the Oretachi no Tabi.
- (04/09/Wed) Kako, work. KM, go for a walk for 40 min. jog for 15 min. go to the Apica. have a cup of tea at the PakuPaku. go to the Camera's Kitamura. received the ordered pics of the old days. Kako&KM, watch the Oretachi no Tabi.
- (04/08/Tue) Kako, holiday. KM, study the Kuramoto's book. read the Nakano's paper. Kako&KM, buy bentos at the Direx. have lunch there. go to the Apica. buy foods at the Oono and the Kyoei. watch the Oretachi no tabi.
- (04/07/Mon) Kako, work. KM, go for a walk for picking up trash to the Ooji shrine for 1 h 30 min. pray for it. watch Dogers 7-8 Phillies.
- (04/06/Sun) Kako, holiday. buy foods with mother. KM, read the Nakano's paper. scan the ordinary diff eqs. cybernetics. transfer pictures from the i-Pad to my PC.
- (04/05/Sat) Kako, holiday. Kako&KM, go to the Kaifu kanko. buy tickes. buy bentos at the Direx. go for a walk to the Ooji jinja. have lunch. go to Kokuhucho. present a **hat** to Machida. have dinner at the Oosho.
- (04/04/Fri) Kako, holiday. Kako&KM, see cherry brossome at the bizan. go to Yama. go to the Aratae onsen. have lunch. put gasoline at the JA gas station.
- (04/03/Thu) Kako, work. KM, take kako the station. read the Bertalanffy's paper. watch the Dojers 6X-6 Padres. Ootani's Sayonara HR. Kako&KM, go to see cherry brossome at the Tokushima park.
- (04/02/Wed) Kako, work. KM, read the Bertalanffy's paper of 1950. Kako&KM, watch the Oretachi no Tabi.
- (04/01/Tue) Kako, holiday. KM, read the Bertalanffy's paper of 1950. Kako&KM, buy foods at the Oono and the Kypei. go to the post office. go hair cut. adult men's type after a long time. watch the Oretachi no Tabi.

March, 2025

- (03/31/Mon) Kako, work. KM, scan the Smirnov advanced math course vol.III. study the Bertalanffy's paper.
- (03/30/Sun) Kako, holiday. buy foods with mother. KM, scan the theoretical electromagnetism of S. Sunagawa. Kako&KM, watch the Dogers 7-3 theTygers. go to see hanami at the Ooji shrine. have lunch of bento.
- (03/29/Sat) Kako, holiday. KM, make a tex file of Berthalanffi's paper. finished. Kako&KM, watch the Dogers 5-3 theTygers. go to Hanami at Katsuura. fishing amego. get one fish respectively. eat it there. buy ayus and amegos. have strawberry daifuku and uiro at the wagashiya.
- (03/28/Fri) Kako, holiday. KM, make a tex file of Berthalanffi's paper. almost finished. Kako&KM, watch the high school base ball. go to the Aratae Onsen. have lunch. go to the Seven for buying foods. watch the Oretachi no Tabi.
- (03/27/Thu) heavy storm. Kako, work. KM, take Kako the station. go to the Kaifu Kanko to buy tickets. stop by the Direx. study the Nakano's paper. make a tex

file of Berthalanff's paper. take kako home. Kako&KM, watch the Oretachi no Tabi.

- (03/26/Wed) a warm day. Kako, work. KM, finish reading the Scully's book. read the Nakano's paper. do jog for 15 mn. take a movie. upload to the YouTube. Kako&KM, watch the Oretachi no Tabi.
- (03/25/Tue) a warm day. Kako, holiday. KM, read the Scully's book. Kako&KM, go to the Apica. buy foods etc at the oono and the Kyoei and the Daiso. watch the Oretachi no Tabi. watch the Japan- SaudiArabia.
- **World Cup final qualifying: Japan 0(0-0, 0-0)0 Saudi Arabia.**
- (03/24/Mon) a warm day. Kako, work. KM, read the Scully's book. make a movie and upload to the YouTube. read the Beltaranfy's paper to make a tex doc. study the uncertain principle between sound and frequency. Kako&KM, watch the Oretachi no Tabi.
- (03/23/Sun) a warm day. Kako, holiday. buy foods with mother. KM, make a pds file for the Grasdorf-Prigogene's book. Kako&KM, watch Sumo. Takayasu, lost again. Oonosato, championship.
- (03/22/Sat) a warm day. Kako, holiday. Kako&KM, go for a walk to the Nakabayashi coast. watch the Otoko ha turaiyo.
- (03/21/Fri) a warm day. Kako, holiday. Kako&KM, go to the aratae Onsen. have lunch. go for a walk to the Nakabayashi coast. watch the Oretachi no Tabi.
- (03/20/Thu) **equinox day of spring.** cold day. Kako, holiday. KM, correct the Valone's paper. Kako&KM, watch the Oretachi no Tabi. watch the match of soccer Japan representative.
- **World Cup final qualifying: Japan 2(0-0, 2-0)0 Bahrain.** the fastest determination in the world. Kamata and Kubo's goals.
- (03/19/Wed) cold day. strong wind..Kako, work. KM, go for a walk for 1h 30 min. read the Scully's book. translate the Valone's paper into Japasene as Tex. Kako&KM, watch the Oretachi no Tabi.
- (03/18/Tue) holiday. KM, read the Scully's book. Kako&KM, go the Apica. buy foods at the Oono and the Kyoei. go to the Dilex.
- (03/17/Mon) Kako, work. KM, finish reading the Saito's paper. go for a walk. read the Scully's book.
- (03/16/Sun) cold day.Kako, holiday. buy foods with mother. KM, recover dizziness. have some rest.
- (03/15/Sat) cold day Kako, holiday. go to the farewell party for lunch. KM, no good by dizziness. have some rest. read the Scully's book.
- (03/14/Fri) Kako, holiday. KM, read the Scully's book. Kako&KM, go to the Binbiya for lunch. go to the Coffee kan. have foods at the Michi no Eki.
- (03/13/Thu) Kako, work. have dinner with a friend. KM, read the Saito's paper and the Chandrasekhar's paper. read the Scully's book.
- (03/12/Wed) Kako, work. KM, read the Saito's paper. go for a walk.
- (03/11/Tue) Kako, holiday. KM, read the Saito's paper and the Shwinger's book. Kako&KM, go to the Apica. buy foods at the Oono and the Kyoei. watch the Oretachi no Tabi.
- (03/10/Mon) Kako, work. KM, read the Saito's paper. the Utiyama's paper and the Shwinger's book. take a movie. mupload to YouTube.
- (03/09/Sun) Kako, holiday. buy foods with mother. KM, read the Saito's paper, Utiyama's paper and Shwinger's book. Kako&KM, watch the movie "Kagemusha".
- (03/08/Sat) Kako, holiday. KM, read the Saito's paper. Kako&KM, have lunch at the Sushi Ikkann. watch the J-league.
- **J-league, the 5th game: Urawa 1(0-0, 1-0)0 Okayama.** brazilian players, getting worse and worth every year.
- (03/07/Fri) Kako, holiday. KM, read the Yasue's book. go to rather a bad direction. Kako&KM, go to the aratae Onsen. have lunch. watch the Oretachi no Tabi.
- (03/06/Thu) Kako, work. KM, read the Feynes' paper. go to the Picture Kitamura. go to the Cosmos. go to the BookOff. Kako&KM, watch the Oretachi no Tabi.
- (03/05/Wed) Kako, work. put gasoline into the car. KM, read the Yasue's book. translation of the Feynes' German paper. Kako&KM, watch the Oretachi no Tabi.
- (03/04/Tue) Kako, holiday. KM, read the Yasue's book. Kako&KM, stay at home. watch the Oretachi no Tabi.
- (03/03/Mon) Kako, work. KM, read the Yasue's book. go to the post office. watch the Oretachi no Tabi.
- (03/02/Sun) Kako, holiday. KM, read the Yasue's book. Kako&KM, go o the Sunday market. go to visit the grave of father. have lunch at the Ooshou. watch the Akahige.
- (03/01/Sat) Kako, holiday. buy foods with mother. KM, read the Yasue's book. watch the J-league.
- **J-league, the 4th game: Kashima 2(0-0, 2-0)0 FC tokyo..**

February, 2025

- (02/28/Fri) Kako, holiday. Kako&KM, go to the Apica. buy 2 books of Yasue ay the Tsukiya. go to theAratae Onsen. have lunch. buy foods at the Seven. buy foods at the Michi no eki.
- (02/27/Thu) Kako, holiday. take mother the periodic inspection for the Tokushima univ hospital. take her the Bunkanomori clinic. KM, read Kubota's book. KM, read Kubota's book. read the Ikrda's book. watch the She belives cup, the final.
- **She believes cup the final: Japan 2(1-1, 1-0)1 USA.** a nice victory. the 1st championship.
- (02/26/Wed) Kako, work. KM, read Kubota's book. pore water to the garden. cut off garden trees. watch the U20 Asia Cup, the semifinal.
- **U20 Asia Cup, the semifinal: Japan 0(0-1, 0-1)2 Australia.** Japan, a perfect lost game.
- (02/25/Tue) cold day. Kako, holiday. Kako&KM, go to the Apica. buy foods at the Oono and the Kyoei. put gasoline at the JASS. watch the Oretachi no Tabi.
- (02/24/Mon) **Substitutional holiday.** cold day. Kako, holiday. KM, watch the She believes cup. watch the Right Staff. watch the Oretachi no Tabi.

- the She believes cup.. Japan 4(2-1, 2-0)1 **Colombia**. Victory of the B team.
- (02/23/Sun) **Tenno's birthday**. cold day. Kako, holiday. buy foods with mother. KM, watch the J2 league. watch the U20Asia Cup.
- **J2 league: Tokushima** 1(0-0, 1-0)0 **Sendai**.
- **U20 Asia Cup, the quarter final: Japan** 1(0-0, 1-1; 0-0, 0-0, PK3-2)1 **Iran**. Japan, a narrow victory.
- (02/22/Sat) cold day. Kako, holiday. Kako&KM, go to the Sushiiikan. have lunch. cut off the Garden trees.
- (02/21/Fri) cold day. Kako, holiday. Kako&KM, go to the Aratae onsen. have lunch. buy foods at the Seven.
- (02/20/Thu) cold day. Kako, work. farewell party. KM, take Kako the station. dry futons. read the Funase's book. watch the U20 Asia Cup the 3rd game.
- the **U20 Asia Cup the 3rd game: Japan** 1(1-0, 0-1)1 **Korea**. lost a goal by back pass and making a mistake right before time up. sloppy team. take Kako home.
- (02/19/Wed) cold day. Kako, work. KM, go to the Apica. order books for the Tukiya. have a cup of tea at the Pakupaku.
- (02/18/Tue) Kako, holiday. Kako&KM, go to the FujiGran. but choco. go to the Mazda. exchange the oil. go to the Apica. buy setoka at the Oono. go to the post office. send them to my friends.
- (02/17/Mon) Kako, work. KM, watch the U20 Asia Cup the 2nd game.
- the **U20 Asia Cup the 2nd game: Japan** 2(1-2, 1-0)2 **Siria**. a typical J-Youth soccer. make mistakes at the important occasions.
- (02/16/Sun) Kako, holiday. Kako&KM, attend the strawberry picking of the Tayo no kai. watch the J-league opening game.
- **J-league opening game: Shimizu** 1(1-0, 0-0)0 **Verdo**. Verdi, too slow.
- (02/15/Sat) Kako, holiday. Kako&KM, watch the J-league opening game. put gasoline into the car. buy kerosene. go to the FujiGran.
- **J-league opening game: Kobe** 0(0-0, 0-0)0 Urawa. Urawa's imaginary goal. imaginari victory. the main referee, in the Kobe side.
- (02/14/Fri) **Valentine's day**. Kako, holiday. Kako&KM, go to the Aratae onsen. Amaterasu home, come. payment, done. all good.
- (02/13/Thu) spring 1st. Kako, work. KM, Amaterasu home, come. last painting. all finished. read the Funase's books. read the Truesdel's book.
- (02/12/Wed) Kako, work. KM, read the Funase's books. go for a walk for 24 min. read the Truesdel's book.
- (02/11/Tue) the **founding day of Japan**. Kako, holiday. Kako&KM, go for a walk for 13 min. go to the Apica. buy foods at the Oono and the Kyoei. go to the post office but it's holiday.
- (02/10/Mon) Kako, holiday. Kako&KM, check out the hotel. go back to Anan by bus.
- (02/09/Sun) cold day. Kako, holiday. Kako&KM, go to the Minato gawa shrine.
- (02/08/Sat) cold day. Kako, holiday. Kako&KM, go to Kobe by the Kaifu kanko bus. check in the hotel.
- (02/07/Fri) cold day. Kako, work. Kako&KM, go to the Aratae onsen. have a lunch shrae by 2. Amaterasu home, come. exchange a piece of glass. prepare for tommorow. watch candies special at the NHK BS.
- (02/06/Thu) cold day. Kako, work. KM, go for a walk for 13 min. study optics.
- (02/05/Wed) cold day. snowing scatterly. Kako, work. go by train and bus. KM, take Kako the station. study M. Inoue's paper. a guy from the Amaterasu home, come. nothing to do and return. take Kako home.
- (02/04/Tue) cold day. snowing scatterly. Kako, holiday. KM, read Jibu's paper. read electromagnetism. Kako&KM, go to a bank. go to the Apica. buy foods at the Oono and the Kyoei. put gasolin to our car. go to the FujiGran. go to the Bookoff.
- (02/03/Mon) Kako, work. KM, go for a walk to the park for 27min. go to the post office. go to the apica. buy books at the Tsukiya. have a cup of tea at the Pakupaku.
- (02/02/Sun) cold day. Kako, holiday. buy foods with mother. KM, go for a walk for 13min. Kako&KM, stay at home.
- (02/01/Sat) cold day. Kako, holiday. Kako&KM, stay at home.

January, 2025

- (01/31/Fri) cold day. koko, holiday. go to a farewell party. Kako&KM, go to the Aisai Hiroba. go to the Aratae onsen. take koko the station and home.
- (01/30/Thu) cold day. koko, work. KM, read the Ide's book. receive a book presented from Ide-san.
- (01/29/Wed) Koko, work. KM, read the Ide's book. go to the barbar. go to the Apica. have a cup of tea at the Pakupaku.
- (01/28/Tue) Koko, holiday. KM, read the Ide's book. Kako&KM, go to the Apica. buy foods at the Oono and the Kyoei. buy things at the Daiso. go to the Kyoei Hanoura.
- (01/27/Mon) Koko, work. KM, study the uncertainty principle. Kako&KM, Mr. Iwata visited us. have time for dinner with him.
- (01/26/Sun) Koko, holiday. Kako&KM, go to the Nichyo-ichi. go to the event of the Taiyo no kai.
- (01/25/Sat) Koko, holiday. buy foods with mother. KM, read the Ide's book. Kako&KM, go to the Sushi Ikkkan. have lunch. watch the Kogo-Hai.
- **Kogo-Hai, the final: Urawa** 1(1-1, 0-0; ex0-0, 0-0; PK5-4)1 **Niigata**. Urawa championship. Niigata's failure, substitute 18-year-old players.
- (01/24/Fri) Koko, holiday. KM, read the Ide's book. Kako&KM, go to the Aratae onsen. have lunch. go to the post office and the Daiki.
- (01/23/Thu) Koko, work. KM, read the Ide's book. go to the Megane honpo. go to the Apica. have a cup of tea at the Pakupaku.
- (01/22/Wed) Koko, work. KM, read the Ide's book. go to the post office. go to the Apica. buy books at the Tsukiya. have a cup of tea at the Pakupaku.
- (01/21/Tue) Koko, holiday. KM, read the Ide's book. Kako&KM, go to the Kaif Kanko. buy tickets. go to the Kyoei Hanoura. have lunch at the Hamazusi. go to the Apica. buy foods at the Oono.
- (01/20/Mon) Koko, work. KM, read the MacFaden's book. send the collected pdf to the Taiyo shobo.
- (01/19/Sun) Koko, holiday. buy foods with mother. Kako&KM, go to the Nichyo-ichi. buy wakame and Takoyaki, Taisho-gotos. buy onions at the super. have

drinks at the Yama.

- (01/18/Sat) Kako, holiday. Kako&KM, go to the Katensushi Sushi-Ikkan. have lunch. stay at home. watch the Kogo-hai.
- **Kogo-hai, the semifinal, the 2nd game: Urawa 4(2-1, 2-0)1 Kobe.** misconduct of the main Spanish coach of Kobe. no good of substituting a 15-year-old girl for DF. Naomoto, returned back.
- (01/18/Sat) Kako, holiday. Kako&KM, go to the Kaitenzushi Sushi Ikkan. have lunch. stay at home.
- (01/17/Fri) 30 years after the hanshin-Awaji earth quake. Kako, holiday. Kako&KM, go to the Aratae onsen. have lunch&bath. buy foods at the Seven. buy a thing at the Konan.
- (01/16/Thu) Kako, work. KM, go to the Hayashi bicycle. go to the Apica. order books at the Tsukiya. have a cup of tea at the Pakupaku.
- (01/15/Wed) Kako, work. KM, collect papers. receive a package from Yamada.
- (01/14/Tue) Kako, holiday. Kako&KM, the painter comes. all done. go to the Apica. buy foods at the Oono and the Kyoei. put kerosene in the bottel for the stove.
- (01/13/Mon) **celebration day for new adults.** Kako, holiday. Kako&KM, the painter comes. watch the high schools soccer festa the final. go to the Wassoi hiroba.
- **the high schools soccer festa the final, the Kokuritsu: Maebashi Ikuei 1(1-1, 0-0, 延長0-0, 0-0; PK 9-8)1 Ryutu Keizaidai Kashiba.**
- (01/12/Sun) Kako, holiday. buy foods with mother. Kako&KM, go to the Daiki. go to the Konan.
- (01/11/Sat) Kako, holiday. Kako&KM, the Painter comes. go to the Sushi Ikkan. have lunch. buy drinks at the Direx. watch the high schools soccer festa the semi-final. watch "Otoko ha turai yo".
- **the high schools soccer festa the semi-final, the Kokuritsu: Maebashi Ikuei 3(0-1, 3-0)1 Higashi Fukuoka.**
- **Ryutu Keizaidai Kashiba 1(1-0, 0-0)1 Tokaidai Sagamimi.**
- (01/10/Fri) cold day. 1st snowing. Kako, holiday. Kako&KM, go to the Aratae onsen. have lunch. buy foods at the Seven. watch "The spension is not enough", "Dear Mr. Prime Minister".
- (01/09/Thu) cold day. Kako, work. KM, go for a walk for getting trash around. so-called trash road. 4 h 30 min.
- (01/08/Wed) cold day. Kako, work. buy foods. KM, watch the reconstruction of sunroof. go for a walk. accept the permission for the cover. my book, completed.
- (01/07/Tue) Kako, holiday. Kako&KM, go to the post office. send a package to the 2nd son. buy something aat the Oono, the Daiso, and the Kyoei. prepare for tommorow.
- (01/06/Mon) Kako, work. KM, collect some papers on the history of lives. ask for the musium of History of Lives
- (01/05/Sun) the end of **Winter vacation**. Kako, holiday. buy foods with mother. Kako&KM, stay at home. have a contract with the Amaterasu home for reconstruction of the outside roof.
- (01/04/Sat) **Winter vacation**. Kako, holiday. Kako&KM, take the 2nd son the bas terminal of Sumoto. have drinks at the cafeshop. buy food at the South Nanta PA. have dinner at the Hamazushi in Naruto. buy food at the Donky in the Rupia. put Nengajos into the post of the Sairomi post office.
- (01/03/Fri) **Winter vacation**. Kako, holiday. Kako&KM, take the 2nd son and wife the Tomihigash-Tominishi 1st kick off. watch the matches on the ground. take the 2nd son's wife the Anan station.
- (01/02/Thu) **Winter vacation**. Kako, holiday. KM, take the 1st son's couple the Anan station. Kako&KM, go for the 1st pray at the Tsunomine shrine for the 2nd son's couple. ride on the lift for go and back. buy yakiguri. go to the Awashima coast. at rest at the Go-Sap-cafe. talk with the Mama-san.
- (01/01/Wed) **Winter vacation**. Kako, holiday. KM, watch the1st sunrise with the 1st son's couple. Kako&KM, go for the 1st pray at the Tsunomine shrine for the 1st son's couple. ride on the lift for go and back. buy takoyaki and yakiguri. watch the new-year ekiden. the 2nd son's couple return home.

- **A happy new year!**



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